



# RECOMMENDATIONS BEFORE SKIN BIOPSY



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## PLEASE READ VERY CAREFULLY AND FOLLOW THESE INSTRUCTIONS BEFORE PRESENTING TO SURGERY:

1. Although there are medications that can increase the risk of bleeding during surgeries and some procedures such as: Aspirin, ASA, Aspirineta, Mejoral, Alkaseltzer, Peptobismol, anticoagulants, anti-inflammatories, Vitamin E, omega 3, Ginkgo Biloba, Soy Lecithin, Homeopathic medicines of which the components are unknown, garlic capsules or fish gel, usually for the realization of a small skin biopsy, it is not mandatory to suspend them, unless your doctor suggests to do so in the consultation prior to the procedure.
2. Avoid smoking or drinking alcohol before surgery, specially the day of the surgery.
3. Your doctor may consider canceling the procedure for your safety, especially if you have any medical condition that deserves it to be postponed.
4. On the day of surgery do not bring valuables such as jewelry or other objects. Come with comfortable clothes.
5. Show up freshly bathed and do not apply creams, lotions or makeup near the site where the biopsy will be taken. If the procedure is in the head, come with washed hair.
6. Present yourself with one (1) healthy relative or companion of legal age and under 70 years at the reception of the Aurora

Clinic 30 minutes before surgery. Keep in mind that you will not necessarily be admitted upon arrival, but your punctuality will allow us to streamline procedures and achieve adequate care.

7. Since this procedure in most cases is performed under local anesthesia, you can have a light breakfast or lunch, unless the type of anesthesia that is going to be given is different, which must be clarified previously by the anesthesiologist or treating physician.
8. If you cannot attend your surgery, please notify the Institution staff as soon as possible, on the phone (+574) 444 35 37 extension 100 or on the surgery programming cell phone: 315 361 6676.
9. After the procedure, remember to leave the Clinic with all your belongings and documents, including the instructions that will tell you how to take care of yourself the following days.
10. The biopsy procedure can generate a medical disability according to each case, so we advise that in advance you organize your work or activities. If you require this document to show at work, ask the doctor for it at the end of the procedure.
11. Any questions that this instruction does not resolve, please contact us at (+574) 444 35 37 or the surgery scheduling cell phone: 315 361 6676, Monday through Friday from 7:00 a.m. to 6:00 p.m. and Saturdays from 8:00 a.m. to 1:00 p.m.

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