

# RECOMMENDATIONS AFTER ELECTROFULGURATION



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**FOLLOWING THE POST-PROCEDURE RECOMMENDATIONS PREVENTS POSSIBLE COMPLICATIONS SUCH AS:** pain, infection, bleeding, wound opening, bruising, poor healing, and allergic reactions. For these reasons we recommend that you consider the following:

### **1. Pain and burning**

After electrofulguration, a sensation of pain or burning may occur. These symptoms can be controlled by taking acetaminophen 500 mg. Most patients report that this pain is temporary, lasting 1 or 2 days and not very intense.

### **2. Wound care**

In order to have a fast healing process, it is important that the treated sites remain covered for a few days with ointment and the micropore that will be placed at the end of the procedure. These should remain dry and in place, until the day that the doctor recommends to remove them.

### **3. Redness and inflammation**

The appearance of redness and inflammation in the areas where the electrofulguration was performed is common and usually lasts a few days.

### **4. Bleeding**

Sometimes there may be a little bleeding where the electrofulguration was performed, especially the first hours after. If you do experience bleeding, in most cases, it can be controlled simply by applying constant direct pressure with a clean gauze or napkin for a period of 20 minutes. If the bleeding

continues, repeat the same procedure again for 20 more minutes. If after completing this period there is still bleeding, contact us at the support doctor's cell phone: 323 225 1183 or the following number: (+574) 444 35 37 from Monday to Friday from 7:00 a.m. at 6:00 p.m. and Saturdays from 8:00 a.m. at 1:00 p.m.

## **5. Scabs or crust**

Frequently, days after electrofulguration, fixed brown or yellowish scabs may appear on the treated sites. These should not be removed voluntarily, but through moistening with a cream formulated by the doctor after the procedure. These scabs will fall off spontaneously.

## **6. Changes in the color of the skin**

After the scab falls off, which is generally in the third or fourth week after having performed the procedure, the skin that was treated may remain red for a few weeks or months. In some patients there may be darkening of the treated area (post-inflammatory hyperpigmentation), or on the contrary, depigmentation (whitening) of the treated area. Changes in skin color are usually temporary (weeks to months).

## **7. Alarm signs**

If days after the procedure, you have a fever (identified with a thermometer), chills, redness and heat at the wound site, or purulent material leakage, please contact us at the the support doctor's cell phone: 323 225 1183 from Monday to Friday from 7:00 am at 6:00 p.m. and Saturdays from 8:00 a.m. at 1:00 p.m. In case you consider it to be an emergency, you should go to the nearest emergency service.

## 8. Follow-up

Generally, the doctor who performed the electrofulguration will review it at a later appointment. On many occasions it is necessary to repeat this procedure with some regularity, to the extent that new lesions may appear, according to the condition treated.

**Please report any adverse event, incident or complication, through any of the following:**

- Directly with our staff.
- Supporting physician cell phone: 323 225 1183
- Calling the phone (604) 444 35 37 extensions 106 and 112.



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