



# RECOMMENDATIONS BEFORE CRYOTHERAPY OR CRYOSURGERY



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## PLEASE READ VERY CAREFULLY AND FOLLOW THESE INSTRUCTIONS BEFORE PRESENTING YOURSELF TO PERFORM CRYOTHERAPY

1. Do not bring valuables such as jewelry or other objects on the day of cryotherapy.
2. Show up freshly bathed and do not apply creams or lotions. If the lesion is on the face, do not apply makeup, shave if necessary (if facial hair covers the injury) and do not put sunscreen. If the procedure is in the head, come with washed hair.
3. For this procedure you can go alone or with a maximum of one (1) family member or companion of legal age and under 70 years of age who is healthy.
4. You must be at the Aurora Clinic reception 30 minutes before the procedure. Keep in mind that you will not necessarily be admitted when you arrive, but your punctuality will allow us to streamline procedures and achieve adequate attention.
5. As this is a procedure that is performed in most cases without anesthesia, there are no restrictions on your diet or requests for fasting.
6. Please note that after the procedure, the treated skin will be red, slightly swollen, and may feel slight burning or pain. In addition, you will be asked not to expose yourself to the sun. The medical formula for a speedy recovery will be given to you at the end of the procedure.

7. If you cannot attend the Clinic to perform this procedure, please notify the Institution staff as soon as possible: surgery programming cell phone: 315 361 6676 or telephone (604) 444 35 37 extension 100.
8. After the procedure, remember to leave the Clinic with all your belongings and documents, including the instructions that will tell you how to take care of yourself the days after the intervention.
9. Any questions that this instruction manual does not resolve, please contact us at the surgery programming cell: 315 361 6676, from Monday to Friday from 7:00 a.m. at 6:00 p.m. and Saturdays from 8:00 a.m. at 1:00 p.m.



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