



MOHS SURGERY **PRE-OPERATIVE** DIGITAL INSTRUCTIONS



*Rotate the screen of your
device to read comfortably*

PLEASE READ THESE INSTRUCTIONS VERY WELL BEFORE GOING TO SURGERY:

- 1.** If you take medications such as Mejoral, Alkaseltzer, Peptobismol, Anti-inflammatories, Vitamin E, Omega 3, Ginkgo Biloba, Soy Lecithin, homeopathic medicines whose components are not clearly known, garlic capsules or fish gel, it is mandatory to be suspended three days before your procedure. You might resume their intake one day after the surgery.
- 2.** Avoid smoking or drinking alcohol before surgery, specially the day of the surgery.
- 3.** If you are hypertensive and your blood pressure is very high on the day of your surgery, your doctor may consider canceling the procedure for your safety. In the same way, the surgery can be canceled if you have any other medical condition.
- 4.** On the day of surgery do not bring valuables such as jewelry or other objects. Come with comfortable clothes, for example: button-down shirt to avoid hurting the wound by dressing again when the surgery is over, sweatshirt, shoes that you do not have to bend down to put on or tie, and a sweater in case it is cold when leaving the surgical area.
- 5.** Introduce yourself freshly bathed and do not apply creams or lotions. If the injury is in the face, avoid putting on makeup and sunscreen on.

6. Present yourself with one (1) healthy relative or companion of legal age and under 70 years at the reception of the Aurora Clinic 60 minutes before surgery. Keep in mind that you will not necessarily be admitted upon arrival, but its punctuality which will allow us to streamline procedures and achieve adequate care.
7. If your procedure is with general, regional or sedation anesthesia, you should be fasting, as recommended by the anesthesiologist. If it is under local anesthesia, you can have a light breakfast or lunch.
8. In the case that laboratory tests have been ordered, you must turn them in to the Mohs Surgical Nurse. Generally, you will be asked to bring the biopsy report, and sometimes the pathology slides. This should be handed over before the surgery and must be returned to you upon completion of the procedure.
9. Remember that this is a surgery that takes time to interpret each skin sample that is removed, in order to make sure that you will not have any more tumors and only the necessary tissue will be removed. For this reason, we ask you and your companion to be very patient.
10. In exceptional cases and according to medical criteria, its reconstruction can be left for the following day.
11. If you cannot attend your surgery, please notify the Institution staff as soon as possible, on the phone (604) 444 35 37 extension 100 or on the surgery programming cell phone: 315 361 6676.

12. After surgery, remember to leave the Clinic with all your belongings and documents, including instructions that will advise you how to take care of yourself the days after surgery. If you brought pathology slides from other laboratories, you should return them to their place of origin.
13. The surgery generates a temporal disability according to each case, so that in advance you organize your work or activities. If you require this document to show at work, ask your doctor when you finish surgery.
14. If you live outside the city, consider staying nearby, at least 2 days after surgery or as recommended by your treating doctor.
15. Any questions that this instruction does not resolve, please contact us at (604) 444 35 37 or the surgery scheduling cell phone: 315 361 6676, Monday through Friday from 7:00 a.m. to 6:00 p.m. and Saturdays from 8:00 a.m. to 1:00 p.m.

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documents unnecessarily.**

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